

# 9 tricks, tips and ideas we love this month



## 1 DOUGHNUTS IN A FLASH

PC's new doughnut pan is definitely in our shopping cart this year, and we bet it'll be in yours, too! Made with nonstick carbon steel, this pan ensures you'll get evenly shaped, easy to remove doughnuts every time. And there's more! The brand has created yummy doughnut mixes you can whip up in a flash!

PC Non-Stick Carbon Steel **DONUT PAN**, \$14, **DONUT MIXES** in Chocolate Cake and Old-Fashioned Cake, \$4 each, [loblaws.ca](http://loblaws.ca).



PRODUCER: MARIANNE DAVIDSON, PHOTOGRAPHY: COURTESY APPLE TV+ (SPIRITED), ISTOCKPHOTO/E (CHEESE BOARD)



## Mirror, mirror

Part yoga studio, part boxing ring, part cardio class and so much more, the lululemon Studio Mirror allows you to stream workouts when in use, and admire the fruits of your labour in the mirror when it's turned off. The fitness brand recently launched a new platform, lululemon Studio, which allows users access to more than 10,000 world-class workouts, daily live classes, unlimited experiential classes in-store and even discounts on merchandise. We can't think of a better way to kick off our New Year's fitness resolution!

Studio **MIRROR**, \$1,895, and Studio **MEMBERSHIP**, \$49/month, [lululemon.com](http://lululemon.com).

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### BEYOND BALLET FLATS

Based in Rockwood, Ont., Hides in Hand is a leather goods company with a mandate we can get behind. Why? Simple—it makes use of hides gathered by local, licenced hunters. Founder Theresa Paul designs hundreds of stylish leather accessories, including these durable pretty slippers in a style inspired by her childhood experiences helping her mother and grandmother with embroidery. Comfort, function, style and ethics are what put these slippers on our wish lists this year.

Sabrina Ballet **SLIPPERS** in Pink, \$130, [hidesinhand.com](http://hidesinhand.com).

## 4 Pleather Weather

Just as chic as they are soft, Yoga Jeans's new vegan leather pants are a wardrobe must-have. Their luxe fabric has a faux suede underside for ultimate comfort (no sticky feeling here!) and is just stretchy enough to be able to move with you without losing shape. This earthy brown colour is rich and timeless, meaning you'll be reaching for these trousers for years to come.

Emily Slim Vegan Leather **PANTS** in Dark Brown, \$128, [yogajeans.ca](http://yogajeans.ca).





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## BEAUTY BUFF'S BEST

Spend the month of December pampering yourself with the surprise beauty products inside each of these Advent calendars. So much better than chocolate!

1. **SEPHORA COLLECTION** Wishing You Advent Calendar, \$60, sephora.ca.
2. **BENEFIT COSMETICS** Sincerely Yours Beauty Advent Calendar, \$88, shoppersdrugmart.ca.
3. **THE BODY SHOP** Share the Love Big Advent Calendar, \$99, thebodyshop.com.
4. **PRETTYLITTLETHING** Beauty Advent Calendar 2022, \$70, prettylittlething.ca.



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## LUXURY IN THE KITCHEN

Fresh, clean and spiced just right, this coriander and lime scented hand soap and cream duo is just one of the many gorgeous scents you can source from Montreal-based company Dans un Jardin. If something sweeter is more your style, try the Peach Cream or the Lavender Vanilla. Whatever you choose, a little luxury in your hand washing experience is guaranteed.

**DANS UN JARDIN** Coriander & Lime Hand Soap and Hand Cream, \$10 each, dansunjardin.com.



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## HOLIDAY MOVIE madness!

It's the most wonderful time of year to watch heart-happy programs in your pjs, cookies and hot chocolate (or wine and cheese?) in hand. This year's offerings are off the charts, so clear your schedule and get ready to discover your new family classic.

- **Spirited** (pictured above), a musical retelling of "A Christmas Carol," starring Will Ferrell, Octavia Spencer and Ryan Reynolds. On Apple TV+
- **Gordon Ramsay: Christmas Cookalong** and **Gordon's Festive Home Cooking** feature the curmudgeonly chef getting into the holiday spirit. On BritBox
- **The Guardians of the Galaxy Holiday Special** brings our favourite space crew back for typical hilarious adventures. On Disney+
- **Jolly Good Christmas** is set in London, with Will Kemp and Reshma Shetty playing an architect and the personal shopper who helps him out. On Hallmark
- **Christmas at the Golden Dragon** centres on a midwestern restaurant during the chaos of the holidays. On Hallmark
- **#Xmas** focuses on a social media influencer who enlists her best friend to pose as her husband for a contest. On Hallmark
- **A Holiday Spectacular** stars The Radio City Rockettes and Ann-Margret! On Hallmark
- **Christmas with You** follows a pop star who escapes to the country, and stars Freddie Prinze Jr. and Aimee Garcia. On Netflix
- **How to Ruin Christmas: The Baby Shower** is the third instalment of this charming South African series. On Netflix

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## HOSTING ON THE FLY?

It's always a good idea to be prepared for impromptu visits from friends, family or neighbours during the holiday season. These pantry and fridge staples will make any spontaneous get-together stress free.

- Two or three cheeses (well wrapped so they last a while)
- Chutney, onion confit or another condiment that pairs well with cheese
- A variety box of crackers
- Olives or antipasti (or both!)
  - Mixed nuts



## MEANINGFUL ART

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If you'll be in Toronto before March 19, 2023, you've got to check out renowned Cree artist Kent Monkman's major solo exhibition, *Being Legendary*, at the Royal Ontario Museum (ROM). Monkman's body of work includes 35 new paintings, our favourite being *Battle of the piyësiwak and the misipisiwak* (right), as well as sculptures and etchings. The exhibition is inspired by the cultural belongings that exist in the museum's permanent collections. The artist says his goal is to "convey the incredible depth and richness of Indigenous existence on Turtle Island..."

I want to emphasize the power of Indigenous peoples in keeping many of our cultures, histories and knowledge systems intact and pay tribute to all those involved in reviving our languages and cultural practices." Goal beautifully met.

