

DAILY DOSE

Known for its ability to brighten, tighten and increase collagen production in the skin, the potent antioxidant vitamin C is a powerhouse ingredient. It's made its way into all types of skin-care products that can be used in any step of your beauty routine. Check out our top picks.

1. This velvety cream is incredibly nourishing and helps fight the signs of premature aging.

OLEHENRIKSEN C-Rush Brightening Double Crème, \$59, olehenriksen.com.

2. There's nothing more refreshing for your visage than giving it a spritz throughout the day. This mist helps keep moisture levels up and provides your skin with a layer of protection.

DR. DENNIS GROSS SKINCARE C + Collagen Perfect Skin Set & Refresh Mist, \$42, drdennissgross.com.

3. Massage your face with this luxurious squalane-based oil that locks in moisture, improves elasticity and is imbued with a lovely aroma.

BIOSSANCE Squalane + Vitamin C Rose Oil, \$95, sephora.ca.

4. These ampoules are filled with 10 age-fighting ingredients—none of which are preservatives, alcohols or fragrances. This treatment works to boost your skin, reduce wrinkles and restore firmness.

VICHY LiftActiv Specialist Peptide-C Ampoules, \$40/10, vichy.ca.

5. Brighten and smooth the delicate area surrounding your peepers with an eye cream formulated with acerola cherry-derived vitamin C and ultra-hydrating hyaluronic acid.

FARMACY Cheer Up Brightening Vitamin C Eye Cream with Acerola Cherry, \$58, sephora.ca.

6. Slough away dead skin cells with this scrub that's infused with Corsican pomeelos, which contain a gentle exfoliating acid. The result will be total radiance.

L'OCCITANE Radiance Scrub, \$39, loccitane.com.



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