

10 tricks, tips and ideas we love this month



1 CLASSIC COMFORT

You should be wearing something comfy when you're hanging out in Loungetown. Fortunately, live-in-them pieces made from soft, sustainable fabrics are what Canadian loungewear company **Hernest Project** does best. We love the brand's mandate to be eco-friendly, striving to minimize carbon emissions at every step of the manufacturing process. Your order will be shipped with compostable packaging and in reusable mesh bags. Plus, you'll receive a confirmation email that outlines the community contributions your purchase supports, as well as an official digital carbon offset certificate from their partner, **Green Story**.

Logan Sleep and Lounge **T-SHIRT** in Outer Space, \$69, **Tobeme Sleep and Lounge SHORTS** in Outer Space, \$79, Betty **BRIEFS** in Sepia Rose, \$39, hernestproject.com.

PRODUCER: MARIANNE DAVIDSON

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Chocolate for charity

Milk chocolate, salted butter toffee and a good cause? Yes, please! Two dollars from every purchase of a **Purdys Dear Santa Bar** goes directly toward supporting children's hospital foundations across the country. Select the partnering organization of your choice and help local hospitals provide the best care to patients and families. From individual bars to gift baskets, there are plenty of options to share feel-good goodies and make a difference this holiday season.

Purdys Dear Santa **CHOCOLATE BAR**, \$6, purdys.com.



4

BEST BLENDS

There are so many things to like about **Braun's** new **TriForce Power Blender**—too many to list—but we'll tell you our faves. First, the smooth soup setting, which spins to achieve the perfect texture while heating the soup at the same time. Yum! Second, its **iTextureControl** interface, which allows you to use six automated programs and three texture settings for a total of 18 different blends. And last but not least, a specially shaped jug that makes for finer and faster blending.

Braun TriForce Power BLENDER, \$300, braunhousehold.com.

3

'SNOW PROBLEM!'

We all know **Canada Goose** for its top quality winter jackets that have been keeping us protected from frigid weather since 1957. Now the brand is cozying up our feet, too! Stylish, comfortable and totally practical, the company's new line of footwear impresses by keeping feet warm in extreme cold temperatures. Plus, the boots are fashioned with durable water- and snow-proof materials, as well as having tough treads that offer amazing grip and flexibility. Trek through the inevitable city slush or embark on a snowy hike—The **Journey boots** are perfect for both. Canadian winter, here we come!

The **Journey BOOTS** in Tundra Clay, \$795, canadagoose.com.





5

HOLIDAY PLAYLIST PERFECTION

THIS SEASON, SONY MUSIC OFFERS US A CURATED LIST OF HOLIDAY TUNES. PUMP OUT THESE BELOVED CLASSICS—SOME OLDIES AND SOME REIMAGINED BY NEW VOICES:

- Tim and the Glory Boys "LAST CHRISTMAS"
- Tyler Shaw feat. The Tenors "O HOLY NIGHT"
- Celine Dion "AVE MARIA"
- John Legend "HAPPY XMAS (War Is Over)"
- Mariah Carey "ALL I WANT FOR CHRISTMAS IS YOU"
- Christina Aguilera "THIS CHRISTMAS"
- Tony Bennett "MY FAVOURITE THINGS"
- Whitney Houston "DO YOU HEAR WHAT I HEAR?"
- Eartha Kitt "SANTA BABY"
- Johnny Cash "LITTLE DRUMMER BOY"

Check out these albums you'll want on replay:

- Pistol Annies *HELL OF A HOLIDAY*
- Pentatonix *EVERGREEN*
- Tyler Shaw *A TYLER SHAW CHRISTMAS*



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ZEST BETTER

No one likes having a stuffy nose, sore throat or a bothersome cough, and there are certain aids we all turn to when a cold takes hold—cough drops, anyone? This year, we're opting for the newest flavour of longtime lozenge brand Fisherman's Friend, Orange Spice. The zesty taste will soothe your throat, allow you to breathe better and delight your senses all at the same time. Orange you glad we told you?

Fisherman's Friend Orange Spice LOZENGES, \$2.50, fishermansfriend.com.

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HO HO HOLD THE PAPER

This year, instead of using single-use, store-bought, nonrecyclable wrapping paper, opt for a reusable option! These ones from Indigo are some of the many sustainable gift wraps on the market. They're cute, eco-friendly and will last for years to come!

Nota Reusable Eco GIFT WRAP in Holiday Baubles, Festive House and Women Skating, 24" x 24", \$16 each, indigo.ca.

7

GIFT BACK

Do you have a beauty product lover in your life? Gift them this Advent calendar from Hudson's Bay. A collaboration with Lesley Hampton, an Indigenous Canadian fashionista and designer who celebrates inclusivity and body positivity, the calendar is filled with more than 30 full- and travel-size luxury beauty products. Its design gives subtle nods to Lesley's First Nations heritage, and 10 percent of every purchase made is sent to Indspire, an Indigenous organization with programs that support First Nations, Inuit and Métis students and educators across Canada. It's a gift in more ways than one.

Lesley Hampton x The Bay Beauty CALENDAR, \$225, thebay.com.



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ROYAL TELLY

Do you feel like you've watched every episode of every series on your regular digital streaming services? We do! And that's why we're so excited that BritBox is available in Canada. It's a one-stop shop for all types of British content—true crime, mysteries, classic period dramas, those amazing country gardening shows, and much, much more. Get it for yourself for \$8.99 a month, or gift a one-year subscription to your streaming pal who will definitely love you for it!

Britbox streaming service One-Year SUBSCRIPTION, \$90, britbox.com.

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TEA TIME

When we heard that so many products are full of water, we went on the hunt for some more sustainable options. Last month, we featured solid skin-, body- and hair-care products in our story "Set the Bar" (November, 2021). If you like the idea of less water in your products but prefer typical jarred serums and lotions, give Tealogy a try. The products are infused with tea, instead of water, as their liquid base. We especially love the White Tea line (white tea is naturally rich in antioxidants). The Miracle Eye Cream and Miracle Anti-Age Face Cream, plus the newest product in the collection, Peptide Infusion Serum, make a powerful combination.

TEAOLGY Peptide Infusion Serum, \$33, White Tea Miracle Eye Cream, \$65, White Tea Miracle Anti-Age Cream, \$79, teaologyskincare.ca.

Foodie Follow

Share your CL creations with us on Instagram and tag us with #CLgetcooking!



@cookwithjk made our Spinach & Artichoke Stuffed Shells (September, 2021), and they look so delicious!

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